

	Pasta <b>MONDAYS</b>	Traditional <b>TUESDAYS</b>	Wild <b>WEDNESDAYS</b>	Cold <b>THURSDAYS</b>	Fish <b>FRIDAYS</b>
<b>Week 1</b>	Spaghetti & Meatballs Salad Garlic Bread	Baked Chicken Roasted Potato Veggies	Shepherd's Pie Veggies Soup	Chicken Cold Plate Bread Roll	Cod Aux Gratin Mashed Potatoes Veggies
<b>Week 2</b>	Baked Mac n' Cheese Salad Garlic Bread	Beef Stew Garden Salad Tea Biscuit	Meatloaf Mashed Potato Veggies	BLTC Sandwich Soup	Baked Haddock Mashed Potato Veggies
<b>Week 3</b>	Lasagna Salad Garlic Bread	Baked Chicken Scalloped Potato Veggies	Hearty Veggie Chili Salad Bread Roll	Roast Beef & Swiss Soup	Fishcakes, Beans, Coleslaw Carrot and Turnip
<b>Week 4</b>	Chicken & Broccoli Alfredo Salad Garlic Bread	Roast Pork Sweet Potato Mash Veggies	Hamburger Lettuce, Tomato, Onion Roasted Potato	Vegetable Quiche Potato Salad Soup	Seafood Chowder Salad Bread Roll
<b>Week 5</b>	Goulash Salad Garlic Bread	Roast Turkey Dinner Mashed Potato Veggies	Liver & Onions Mashed Potato Veggies	Chicken Salad Sandwich Soup	Crusted Haddock Sweet Potato Mashed Veggies
<b>Week 6</b>	Veggie Pesto Penne Salad Garlic Bread	Roast Beef Baked Potato Veggies	Mini Vegetable Pizza Soup	Ham Cold Plate Bread Roll	Shrimp Stir-Fry Rice Soup